



HELPING hands

The University of Waterloo Women's Hockey team partnered with the Waterloo Public Library for Family Literacy Day. A number of programs were offered throughout the day including a free family skate.



Local Registered Dental Hygienists got together at Uptown Dental Hygiene in Waterloo to provide free dental hygiene care on Gift From the Heart Day Feb. 7th. This is a nationwide yearly event. Pictured from the left back: Abdul Hdim holding his daughter, Lucy Alyea RDH, Beverley Glen Hood, Colin Cook RDH, Emily Steinberg RDH (sitting), Anita Piemer RDH, Corine Beauleu RDH and in the dental hygiene chair Siti Noreydiani and son.



Happy integrated marketing students from Conestoga College celebrate the success of their fundraising event "Hearts for Hearts" with Kitchener Mayor Barry Vrbanovic on February 7 at Grand River Hospital. FLTR: Paige Barowski, Jen van Overbeke, Andy Chan, Reid Vanier, Nina Vasic, and Barry Vrbanovic.



Creative cupcakes were the theme across the community on Monday February 23, 2015 to celebrate National Cupcake Day. Staff at The Peer Group baked up a storm and raised over \$2,000 to support all animals waiting to find their forever homes at the Kitchener-Waterloo Humane Society.



Bashir Sachoo, Associate Owner and Kathy Van Oosteen, Front Store Manager along with staff of Shoppers Drug Mart (#1721) on Hespeler Road display the donations raised from their Tree of Life campaign. Funds raised were donated to Women's Crisis Services' Haven House. They have raised thousands of dollars to support Haven House over the past 10+ years.

The paper hearts decorated by Kitchener Market visitors will be displayed at Grand River Hospital, as a symbol of hope and encouragement. Visitors decorated paper hearts, and donated over \$650 to support Grand River Hospital's fundraising goal of 6 new defibrillators. Proceeds will also go toward any future events held by the students.



Doug (big brother), Cody (little brother), Erin (big sister) and Brooke Lynn (little sister) enjoying some bowling for the Annual Big Brother's Big Sister's Media Day!



Puppets are a fun way to learn about reading! Janelle Wenger, Family Literacy Coordinator from the Region of Waterloo Library, lead a family story time at the Family Literacy Day at Conestoga Mall.

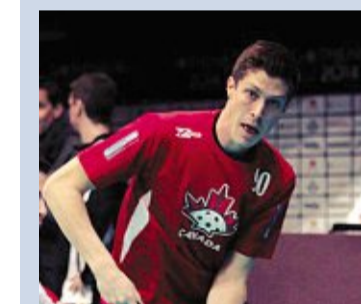


giving back



"I have many volunteer roles with the Food bank, but am particularly excited about my new role helping food programs implement Link2Feed, a database to better understand who needs food assistance in our community. It's great to be a part of an innovative project that is really going to benefit the community."

Marlene Matthews
Volunteer
Food Bank of
Waterloo Region



"I discovered my passion for floorball years ago. It's cheap, fun, and great exercise. It's what our community needs. I volunteer by coordinating community floor ball events and the Floorball League of Cambridge. The league now has eight teams from around the region."

Tyler Brush
Team Canada Floorball
Player, Cambridge
Resident, Floorball League
of Cambridge Coordinator



"I love volunteering for Special Olympics KW. The guys remind me daily of all of the important things in life, family, friends, fun – and about having a positive outlook and being thankful for all the blessings in our lives. I am truly honored to be a part of Special Olympics KW!"

Donal Crooke
5 pin Olympic
Roller Head Coach
Volunteer for the
Special Olympics



FLYING DRONES? MAKE INSURANCE YOUR COPILOT

Flying drones is becoming an increasingly popular pastime with leagues and hobbyists taking to the skies. Drones, or Unmanned Air Vehicles (UAV's) are also becoming useful for many different kinds of businesses. However, there are regulations and requirements from Transport Canada that drone operators must abide by. One of the requirements is liability insurance. Read our latest blog entry on what requirements Transport Canada has on drone usage and what options for drone insurance there are by visiting www.erb-erb.com.

CONGRATULATIONS TO THE AWARDS OF EXCELLENCE WINNERS

The Greater KW Chamber of Commerce hosted its annual Awards of Excellence Gala on February 19th. Erb and Erb Insurance Brokers Ltd. congratulates all the winners of the 10 awards and wishes all the nominees and winners success in 2015. For more information on which companies won which awards visit greaterkwchamber.com.

INTERNATIONAL WOMEN'S DAY 2015

Celebrating Innovative Women in Waterloo Region the International Women's Day is taking place on March 4, 2015. The Keynote Speaker this year is Maureen Sabia, Chairperson of the Board for Canadian Tire. Enjoy other presentations, networking and a buffet lunch. Visit www.waterlooregionsmallbusiness.ca to learn more about this great event.

"When one woman helps another, amazing things can happen."

Our Winter 2014 ProvERB is out. Give it a read here: <http://www.erb-erb.com/blog/entryid/8154/winter-2014-newsletter>

TALKING ABOUT...

Erb and Erb Insurance Brokers Ltd. and Waterloo Region Record are proud to share the Helping Hands community pages. You will find people in your neighbourhood working together to build a strong community and reaching out to support people in need. We hope that you will share your charitable stories with us by sending us photos for the next edition. It is our hope that these pages will give us an opportunity to shine the spotlight on our local heroes.



Enthusiastic volunteers serving neighbors in need during House of Friendship's Super Market Blitz.



Spuddy and Sweet Potato working hard alongside the Winter Hawk's mascot Screech, to raise spud donations for the Cambridge Self-Help Food Bank's Potato Blitz drive at the game on Valentine's Day.

Look for the next Erb and Erb "Helping Hands" feature March 28, 2015!
Deadline for photo submissions is March 25, 2015!

SEND US YOUR PHOTOS! We are looking for everyday moments in the charitable community! Submit your photo and a brief caption to communitypages@therecord.com Please put HELPING HANDS in the subject line of your email.

In addition to our Helping Hands community page, we also feature a monthly community page for moments in the sports community, arts community and local business.